Basic Description
• In this Journey, girls explore the many roles they play and explore new ones through the use of acting and the theater.
• Girls talk about characters and women they admire.
• They think about common stereotypes of women and girls and explore ways to change them.
• Examples of women role models are discussed in the book.

What do they earn and how do they earn them?
• Reach Out Award
  o Girls understand the many roles women and girls play in the world.
  o To earn, girls keep a Casting Log and do an interview or panel discussion.
  o Typically earned in session 4.
• Speak Out Award
  o Girls become aware of how stereotypes could hold themselves and others from trying on roles, and they Take Action to help stop stereotypes.
  o To earn, girls complete three Speak Out activities and team up to choose a stereotype and tell a story to help stop it.
  o Typically earned in session 8.
• Try Out Award
  o Girls have courage and confidence to try out new roles.
  o To earn, girls keep a Role Call log and complete two other Try Out activities.
  o Typically earned in session 10.

Possible Field Trips or Community Partners
• Visit a theater, see a play or a puppetry show
• Participate in an acting workshops
• Visit a business or location with a woman the girls’ admire and learn more about their job.
• See a storyteller
• Visit a photo display at an art museum
**Additional Programming Ideas for Troop Meetings**

- Have girls dress up as their favorite character or role model.
- Consider continuing to bring in women role models or various career options after the panel discussion.
- In sample session 4, when looking at ads, you might also consider finding a few commercials on YouTube.
- Put together a scavenger hunt with activities that play to different girls’ strengths, like the comic book story in the book.

**Badge Connections**

Badges can be added throughout your Journey. Some might relate or be a fun side trip. Below are a few examples for how a badge might relate to your Journey.

- Playing in the Past – Are their girls in history that they admire?
- Business Owner – Visit some female business owners as you complete this badge.

**Other Thoughts or Helpful Hints**

- The sample sessions complete this Journey in 10 sessions plus a celebration
- Have the girls bring items for their Prop Box. You might also visit thrift stores or garage sales to pick up a few items to get you started.
- Visit the [Girl Scout website](https://www.girlscouts.org) to download additional resources and letters that you can use to recruit parents to help with this Journey.