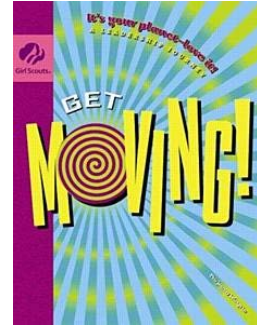


It's Your Planet - Love It! Junior - Get Moving



Basic Description

- In this Journey, girls learn about energy.
- Topics covered include:
 - Calculating a carbon footprint
 - Recycling and reusing including art project ideas
 - Uses of energy in nature
 - Green building
 - Energy audits
 - Conserving energy in transportation; includes a comic book story of girls starting a walking school bus
- Throughout the Journey are various stories of women involved in energy conservation.

What do they earn and how do they earn them?

- Energize Award
 - Make an energy pledge to reduce their energy use in one or more ways
 - Try at least two other energize activities suggested along the Journey
 - Check out how other people are tackling energy issues
- Investigate Award
 - Learn about energy use in their buildings
 - Work with their families to make an energy improvement at home
- Innovate Award
 - Identify an energy issue in the community, research it, create a plan and carry it out, all the while reaching out to others to join in, too
 - Share the news, reflect on what they accomplished and celebrate it

There is an Energy Award Tracker on page 106 of the girls' book that lets them record their progress throughout the journey.

Possible Field Trips

- Recycling center
- An astronomy program
- Zoo or animal sanctuary
- Go camping
- Find a place with windmills or solar panels.
- Visit a green building.
- Take a bike ride, walk or hike around your neighborhood or local park

Additional Programming Ideas for Troop Meetings

- Some of the local energy companies provide educational programs that could be brought to your troop meeting.
- Explore careers in architecture, engineering or “green” building. Consider bringing in a speaker.
- Participate in Girl Scouts Forever Green
- Make paper
- Try composting
- Set up recycling at school or your meeting space.
- “Trash to Treasure” art projects

Badge Connections

Badges can be added throughout your Journey. Some might relate or be a fun side trip. Below are a few examples for how a badge might relate to your Journey.

- Jeweler Badge – Can you make any jewelry from recycled materials?
- Gardener Badge – How does gardening protect natural resources?
- Camper Badge – Explore the outdoors! Are there part of the Journey that you can complete while on your campout?

Other Thoughts or Helpful Hints

- The sample sessions complete this Journey in 11 sessions.
- Visit the [Girl Scout website](#) to download additional resources and letters that you can use to recruit parents to help with this Journey.