Girl Scout Way – Part 1

Objective:
When girls have earned this badge, they will know how to use the Girl Scout traditions to make the world a better place.

Supplies:
- A poster of the Girl Scout Promise and Law (optional)
- Snacks – optional
- Paper
- Pencils
- Markers
- Poster board
- Costumes (optional)
- Histories of Juliette Gordon Low (can be found on the internet and your Girl's Guide)
- Old badge books (ask your SU, check out your library, or bring your own)

Activities:

1. **Opening (5 minutes)**
   - Welcome everyone to the meeting.
   - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

2. **Troop Business (5-10 minutes)**
   - Possible activities include taking dues, snack, taking attendance, sharing information about an upcoming activity.
   - If possible have the girls lead as many of these activities as possible.

3. **Opening Activity (5 minutes)**
   - Describe traditions to the girls
   - Definition: Traditions are sharing customs or beliefs from generation to generation
   - Ask them about some of their favorite Girl Scout traditions (ex. songs, camp, s'mores, the Girl Scout Promise, service projects, etc.)

4. **Celebrate the Girl Scout birthday (30 minutes)**
   - Complete Step 2 of the Girl Scout Way badge – Option 2
   - Have the girls look at different stories/resources about Juliette Gordon Low.
   - Have them share a few things they learned.
   - Talk about what it would be like to be part of the original Girl Scout troop.
   - In small groups have girls make a mural, play or story about the first meeting. Each group could choose something different.
   - Have them share with each other.
5. Share sisterhood (25-30 minutes)
   - Complete Step 3 of the Junior Girl Scout Way Badge – Option 3
   - Let the girls look through the old badge books.
   - Have them choose an activity from a badge that promotes the Girl Scout Law.
   - Some sample ideas are listed on page 4 of the Girl Scout Way badge packet.
   - If they choose an activity that is supply heavy, you might need to do it at your next meeting.

6. Leave a place better than you found it (10 minutes)
   - Service is an important aspect of the Girl Scout tradition.
   - You will complete a service project at your next meeting but in order to ensure you have the correct supplies, have a conversation about what the girls would like to do at this meeting.
   - Have the girls tackle a problem in your meeting space. Ask them for issues they see or things they would like to improve.
   - Ask them for ways to fix the issues. As a group, choose one or two items you would like to fix at your next meeting.

7. Closing
   - Complete a Girl Scout Friendship Circle.

More to Explore
- Field Trip Ideas:
  - Visit a Girl Scout camp
  - Go to an Service Unit event
  - Meet with another troop - if they are younger, teach them a tradition or plan a celebration together (could be another option to complete Step 2).
- Speaker Ideas:
  - Someone who was a Girl Scout a while ago or a Girl Scout in another country
- Additional Ideas:
  - If you are completing this badge around October 31 (Juliette Low’s birthday) or March 12 (Girl Scout birthday) throw GS themed party.

Family Follow-Up Email
Use the email below as a template to let families know what girls did at the meeting today. Don’t forget to fill in the missing information or add additional information.

Hello Girl Scout Families:

We had a wonderful time today learned about Girl Scout history and traditions.

We had fun:
- Learning about Juliette Gordon Low
- Exploring badges earned by Girl Scouts in the past.
Continue the fun at home:
  • Ask you daughter to share 2 facts she learned about Juliette Gordon Low.
  • If you or a family member were a Girl Scout, share some of your favorite memories or traditions.

Our next meeting will be

We will be doing

You can help us by

Girls will need to bring

Other important dates and upcoming activities

Thank you for bringing your Junior to Girl Scouts!
Objective:  
When girls have earned this badge, they will know how to use the Girl Scout traditions to make the world a better place.

Supplies:  
- A poster of the Girl Scout Promise and Law (optional)  
- Snacks – optional  
- Paper  
- Pencils  
- Markers  
- Poster board  
- Costumes (optional)  
- Histories of Juliette Gordon Low (can be found on the internet and your Girl's Guide)  
- Supplies for your service project at your troop meeting space

Activities:  

8. Opening (5 minutes)  
- Welcome everyone to the meeting.  
- Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

9. Troop Business (5-10 minutes)  
- Possible activities include taking dues, snack, taking attendance, sharing information about an upcoming activity.  
- If possible have the girls lead as many of these activities as possible.

10. Opening Activity (5 minutes)  
- Sing a Girl Scout song.

11. Leave a place better than you found it (20-30 minutes)  
- Complete Step 4 of the Girl Scout Way badge – Option 2  
- Carry out the service project in your meeting space.  
- Time may vary based on the project selected.  
- You might spend a few minutes reminding the girls about the project selected and why.

12. Match songs to an occasion (15-20 minutes)  
- Complete Step 1 of the Junior Girl Scout Way Badge – Option 3  
- Put the girls in small groups (3-4)  
- As a group have them come up with a song or jingle about why they love Girl Scouts.  
- If they want they can write their song done using the paper and pencils.
• Have them share with each other.

13. Enjoy Girl Scout traditions! (15-20 minutes)
• Complete Step 5 of the Junior Girl Scout Way Badge – Option 2
• If you have a large troop, this activity might work best in groups
• Have the girls come up with a game about traditions – it could be singing camp songs or a relay race in which the girls must complete the Girl Scout handshake before their turn.
• If they are in groups, have them teach their game to the others.

14. Closing
• Complete a Girl Scout Friendship Circle.

More to Explore
• Field Trip Ideas:
  o Visit a Girl Scout camp
  o Go to an Service Unit event
  o Meet with another troop - if they are younger, teach them a tradition or plan a celebration together (could be another option to complete Step 2).
• Speaker Ideas:
  o Someone who was a Girl Scout a while ago or a Girl Scout in another country
• Additional Ideas:
  o If you are completing this badge around October 31 (Juliette Low’s birthday) or March 12 (Girl Scout birthday) throw GS themed party.

Family Follow-Up Email
Use the email below as a template to let families know what girls did at the meeting today. Don’t forget to fill in the missing information or add additional information.

Hello Girl Scout Families:

We had a wonderful time today completing the Girl Scout Way badge.

We had fun:
• Completing a service project at our meeting space.
• Making up songs about why we love Girl Scouts.
• Creating a game using Girl Scout traditions.

Continue the fun at home:
• Have your daughter sing her song or show you her game.
• Do a service project as a family.

Our next meeting will be
We will be doing

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Thank you for bringing your Junior to Girl Scouts!