In this packet are directions for your first five Daisy meetings of the year.

1. Introduction to Girl Scouting – Girl Scout Promise
2. Introduction to Girl Scouting – Girl Scout Law
3. Use Resources Wisely Petal
4. Being a Sister to Every Girl Scout Petal
5. Making the World a Better Place Petal

Each outline provides activities to complete the stated petal, supply lists, and opening/closing activities. They also include additional ideas or field trips and sample emails to send your Girl Scout families.

What You Need:

*The Daisy Girl’s Guide to Girl Scouting* – one for each girl

Getting Started:

Read the petal related packets from *The Daisy Girl’s Guide to Girl Scouting* and this packet before each meeting. Use the supply list to prepare for your meeting. Then use the email template at the end of each session to communicate with families to tell them about girls learned and upcoming events.

Consider planning a field trip or two that relate to one of the petals. Each petal outline provides a few ideas.
**Next Steps:**
Once you have completed these petals, consider continuing with one of these options.

1. Try one of the Daisy Journeys.
   
   (Check out the Getting Into Girl Scouts: 5 Flowers, 4 Stories, 3 Cheers for Animals for your next 5 meetings.)

2. Earn additional petals from *The Daisy Girl's Guide to Girl Scouting*. There are a total of 10 Daisy petals and 4 leaves.
Objective:
Introduce girls to Girl Scouting by teaching them the Girl Scout Promise and Girl Scout traditions.

Outcome:
Girls feel connected to their community and develop healthy relationships.

Supplies:
Trefoil Sheet – one per girl
Yarn
Crayons/Markers
Ball of String
Scissors
Hole Punch

Activities:

1. Welcome/Make Name Tags (10 minutes)
   - Use a trefoil with the Promise on the back and make a name tag for each girl. She could put her name on the front and something she likes to do.
   - Supplies needed
     o Trefoil for each girl
     o Yarn
     o Crayons/markers
     o Scissors
     o Hole Punch

2. Girl Scouts is …. (5-10 minutes)
   - Ask the girls what they think Girl Scouts is.
     o Girl Scouts is an organization for girls like you all over the world. We will be going on a Journey and earning badges. We explore nature, science, financial literacy and more. We will be learning leadership and taking action to make a difference in our community.
   - What do they want to do as a Girl Scout?

3. Go over any rules/expectations and the Girl Scout quiet sign. (5-10 minutes)
   - Consider having girls help brainstorm a list of how they expect each other to act at Girl Scout meetings and events.
   - Girl Scout Quiet Sign – Girl scouts use the quiet sign when everyone is talking and it’s time to be quiet. Someone raises her hand and stops talking. As others see her hand in the air, they raise their right hands and stop talking too.
4. Get to know you game (15-20 minutes)
   - Any get to know you game will work but below is one option.
     - Web of Friends – Toss a ball of yarn around a circle as each girl says her name and one thing about herself.
       1. Supplies – You will need a ball of string.

5. Girl Scout Promise (10-15 minutes)
   - Ask the following questions:
     - What is a promise?
     - Why is it important to keep our promises?
     - What if we forget?
     - What do the words “I will try” mean?
   - Teach the Girl Scout symbol (right hand, three fingers).
   - Teach the Girl Scout Promise. You should say a short phrase and then have them repeat you. Go through it a few times. If you have time, you might talk about what each part means.
     - On My Honor, I will try to serve God and my country, to help people at all times and to live by the Girl Scout Law.
   - Promise Reminders – have the girls trace the promise on the back of their nametags. Read it one more time once the girls have completed tracing.
     - You might consider collecting the nametags for the first few meetings and then passing them out again.
   - Supplies
     - You will need markers/crayons.

6. Clean Up (5-10 minutes)
   - Tell the girls that Girl Scouts always leave a place looking better than how they found it. Ask each girl to be responsible for her own place and her own supplies.

7. Closing Friendship Circle (5-10 minutes)
   - This is a Girl Scout tradition and a great way to end every meeting.
     - Have the girls form a circle, then cross their arms so that their right arm is over their left arm. They then hold the hands of the girls on either side of them.
     - One girl or leader starts the circle by making a silent wish, then squeezing the hand of the girl on her left with her right hand.
     - Each girl squeezes the next girl's hand in turn, until the squeeze “gets back” to the first person.
     - The first person then says “Goodbye Girl Scouts” and the girls can either twist out of the circle or just drop hands.
   - This might also be a great time for you to have the girls talk about what they learned at the meeting or make announcements for the next meeting/activity.

More to Explore
   - Field Trip Ideas:
     - Participate in a service unit or council sponsored event.
   - Speaker Ideas:
o Invite a troop of older Girl Scouts to a meeting to share about their experiences.

**Family Follow-Up Email**

Use the email below as a template to let families know what girls did at the meeting today. Don’t forget to fill in the missing information or add additional information.

Hello Girl Scout Families:

We started our Girl Scout troop.

We had fun:
- Getting to the girls in our troop.
- Learning the Girl Scout Promise

Continue the fun at home:
- Looks through your Girl’s Guide to Girl Scouting to see if there are activities you would like to do at home.

Our next meeting will be

We will be doing

You can help us by

Girls will need to bring

Other important dates and upcoming activities

Thank you for coming to Girl Scouts!
On My Honor,
I will try:
To serve God & my country
To help people at all times
And to live by the
Girl Scout Law.
**Objective:**
Introduce girls to Girl Scouting by teaching them the Girl Scout Law and continuing practicing the Promise.

**Outcome:**
Girls feel connected to their community and develop healthy relationships.

**Supplies:**
Name tags from the previous week
Additional name tag supplies if you have a new girl

**Activities:**

1. **Welcome (5-10 minutes)**
   - Pass out the name tags to the girls. If you have new ones, have them make a name tag.
   - Ask the girls what they learned at the last meeting.
   - As a group say the Girl Scout Promise. You might need to say a line and have them repeat it again. You could also have them read it from their name tags.

2. **Get to Know You Game (15-20 minutes)**
   - Any game will work but this is one option.
     - Name Chase - The child who is "it" stands up and walks around the outside of the circle tapping each child on the head and saying their name, with prompting if necessary. At some point, when she taps a child on the head, she will say the name of the group instead (Girl Scouts). The chosen child must now jump up and chase the first child around the circle, trying to tag "it" before she can sit down in their place. If she succeeds, "it" has another go. If she fails, she takes over as "it".

3. **Girl Scout Law (10-15 minutes)**
   - Say: "When we say the Girl Scout Promise we say that we will live by the Girl Scout Law. Today we are going to learn the Girl Scout Law."
   - Have them repeat a line after you. Take a moment to talk about what each line means to them.
     - I will do my best to be
       - Honest and fair,
       - Friendly and helpful,
       - Considerate and caring,
       - Courageous and strong, and
       - Responsible for what I say and do,
   - And to
     - Respect myself and others,
Respect authority,
Use resources wisely,
Make the world a better place,
And be a sister to every Girl Scout.

- If you are a Daisy Troop, after completing this activity, the girls will have earned the Promise Center of the petals.
Objective:
When girls have earned this petal, they’ll know to use resources wisely.

Outcome:
Girls can feel connected to the communities and be resourceful problem solvers.

Supplies:
- *The Daisy Girl’s Guide to Girl Scouting* – Clover’s Story packet
- A poster of the Girl Scout Promise and Law (optional)
- Snacks (optional)
- Various recyclable items like paper, plastic bottles, glass, aluminum cans, etc.
- Small recycling bins/box (note: you can use small trashcans, cardboard boxes, paper grocery bags. Be sure to label your “bins” with words and pictures so the girls know which one is which.
- Old magazines
- Scissors
- Construction paper
- Glue

Activities:

1. **Opening (5-10 minutes)**
   - Welcome everyone to the meeting.
   - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

2. **Snack Chat & Story-Time (15-20 minutes)**
   - Optional - give the girl's a snack while you read the story.
   - Read Clover’s Story – A Visit to the Busy, Buzzy Bees from *The Daisy Girl’s Guide to Girl Scouting*.
   - After reading, ask the girls the questions from page 10 of Clover’s petal packet. You might also consider asking these questions:
     - Why is it important to use resources wisely?
     - What was your favorite part of the story?

3. **Recycling Challenge (15 minutes)**
   - With this activity, girls will practice recycling items.
   - Explain to the girls that a great way to use resources wisely is to recycle items. When you put items in a recycling bin, they are broken down and used to make new
items. While they are sometimes recycled into the same kind of item, they may be made into something completely different.

- Spread your collection of recyclables around the floor of your meeting space. Explain that your meeting space has been covered in trash and it's up to the girls to clean it up.
- Split the girls into two teams and line up on opposite sides of the room.
- The teams will compete in a relay race to clean the meeting space. To start, a girl from each team will pick up one piece of trash and put it into the correct bin. She will then go back to her team and the next girl will go. Continue in the pattern until all the trash is cleaned up.
- After all the items are picked up, go through all the types of items and make sure they are in the correct container. If they aren’t, have the girls decide as a group where they should go.

4. Recycled Art (15-20 minutes)
- This activity completes Step 2 from the requirements to earn the petal. Girls will create an art project from recycled materials.
- Being resourceful means finding new ways to use old things. Use magazines to create a collage of flowers or create a picture of a new Flower Friend.
- There are numerous trash-to-treasure projects that would also work for this requirement, like making vases from plastic or glass bottles or paper towel roll rain sticks.

5. Our Troop Uses Resources Wisely By… (10 minutes)
- This activity completes Step 3 from the requirements to earn the petal. As a troop you will determine ways you can use resources wisely during troop meetings.
- Have the girls sit in a group and ask them for suggestions on how the troop might use resources wisely during troop meetings.
- Examples might include:
  - We will recycle paper.
  - Recycle any item that we can.
  - Save items that can be reused.
- Have the group narrow it down to 2-3 that you will promise to continue doing at all meetings as a troop.
- You might consider writing them down on poster board and bringing it to future meetings.

6. Closing
- Complete a Friendship Circle.

More to Explore
- Field Trip Ideas:
  - Visit a recycling center to see where all the recycled items go.
  - Visit a local or state park or nature center. Talk to the staff about how they use resources wisely.
  - Visit a local garden or famers’ market. Ask how the gardener or famer uses
resources wisely to grow plants. Find out what they do if they have too many vegetables to eat or sell.

- **Speaker Ideas:**
  - Invite a wildlife rescue officer from the Missouri Conservation Department, Kansas Department of Wildlife, Parks and Tourism or the Department of Natural Resources to speak about taking care of trees, water and other natural resources.
  - Invite an educator from the local watershed to speak about the water in your community and how to help keep it clean.

**Family Follow-Up Email**

Use the email below as a template to let families know what girls did at the meeting today. Don’t forget to fill in the missing information or add additional information.

Hello Girl Scout Families:

We had a wonderful time today learning about using resources wisely and have earned the Green petal.

We had fun:
- Reading Clover’s story from *The Daisy Girl’s Guide to Girl Scouting*.
- Playing a game to learn what materials we can recycle.
- Making a craft from recycled items.

Continue the fun at home:
- Ask your Girl Scout what she promised to do to use resources wisely. Help her to keep her promise.
- Come up with a fun craft project to make together with “trash” items found around your house.
- Help your Daisy make dinner one night using a recipe that calls for leftovers so that food won’t go to waste.

Our next meeting will be

We will be doing

You can help us by

Girls will need to bring

Other important dates and upcoming activities

Thank you for bringing your Daisy to Girl Scouts!
Objective:
When girls have earned this petal, they will know how to be sisters to every Girl Scout.

Outcome:
Girls develop healthy relationships and advance diversity in a multicultural world.

Supplies:
- *The Daisy Girl’s Guide to Girl Scouting* – Vi’s Story packet
- A poster of the Girl Scout Promise and Law (optional)
- Snacks - optional
- Crayons or markers
- Pre-traced image of a person on construction paper
- Yarn, googley eyes, construction paper, or other decorative items
- Paper plate with the center removed or pre-cut wreath shape on cardboard
- Scissors

Activities:

1. **Opening (5-10 minutes)**
   - Welcome everyone to the meeting.
   - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

2. **“Mingle!” Game (15 minutes)**
   - Tell the girls to stand near each other in the center of the room.
   - Tell the girls that once you yell, “MINGLE!” to place their palms together in front of their chest and “snake” through the group while chanting, “mingle-mingle-mingle...” continuously as they weave through each other. Allow the girls to mix and mingle for 5-10 seconds.
   - Yell, “STOP!” and tell the girls to find and link arms with girls who have things in common with them by calling one of the categories below, or others you choose.
     - Same hair color
     - Same age
     - Go to the same school
     - Have the same favorite sport
     - Have the same number of brothers and sisters
     - Have the same birthday month
     - Were born in the same place
• Start the game again by yelling “Mingle!” and start over with a new category. To involve the girls, ask them to think of new categories to keep the game moving.

3. Snack Chat & Story-Time (15-20 minutes)

• Optional - give the girls a snack.
• Read Vi’s Story – Friends Around the World from *The Daisy Girl’s Guide to Girl Scouting*.
• After reading, ask the girls the questions from page 10 of Vi’s packet.

4. Girl Scout Sisterhood Wreath (15-20 minutes)

• Have the girls cut out and decorate one of the paper dolls to look like her using the various materials provided. She can use her favorite colors, draw her favorite things or make it as accurate as possible (hair color, eye color, etc.)
• Once they have completed their creation, have the girls sit in a circle and share their creation. As they share, have each girl share one thing about the Daisy friend next to them that is different from them (for example she might have red hair while I have brown hair) and why they like it. Then have her share one thing they have in common (for example we both like ice cream or like to read).
• After they share, connect all the creations together with glue, staples or string to form a chain or a circle, representing the Girl Scout sisterhood across the world. You might consider using a plate or pre-cut circle made from cardboard to mount the creations.

5. Closing

• Have the girls stand in a friendship circle.
• Go around the circle and have everyone share one way she can be a sister to every Girl Scout.
  o Teach a friend how to do an activity you like to do. Ask her to teach you one of her favorite activities in return.
  o Make a special card or handmade gift for a friend. Include what makes them special.
  o Invite someone new over to play.
• Once everyone has taken a turn, complete the Friendship Circle.

More to Explore

• Field Trip Ideas:
  o Visit a local library or cultural museum to learn more about other countries.
  o See a play or movie that ties in “sisterhood” themes and values.
  o Participate in a service unit World Thinking Day event.
• Speaker Ideas:
  o Invite an older Girl Scout troop to your meeting to share about their Girl Scout experiences.
Invite a family member or friend from another country to talk about culture and traditions.

Additional Ideas:
- Play games from around other countries.
- Make a snack from another country.

Family Follow-Up Email
Use the email below as a template to let families know what girls did at the meeting today. Don’t forget to fill in the missing information or add additional information.

Hello Girl Scout Families:

We had a wonderful time today learning about how to be a sister to every Girl Scout and have earned the Violet petal.

We had fun:
- Getting to know one another better and exploring our differences and similarities through a fun game called “Mingle!”
- Creating works of art to represent Girl Scouts all around the world.

Continue the fun at home:
- Ask your Daisy how she plans to show others that she is a sister to every Girl Scout. Help her fulfill this idea.
- Create a list of “sisterhood” practices with your Daisy that she can do at home.
- Read bedtime stories that reflect “sisterhood” values and practices.

Our next meeting will be

We will be doing

You can help us by

Girls will need to bring

Other important dates and upcoming activities

Thank you for bringing your Daisy to Girl Scouts!
Make the World a Better Place Petal

Objective:
When girls have earned this petal, they’ll know how to make the world a better place.

Outcome:
Girls can identify community needs and feel empowered to make a difference in the world.

Supplies:
- *The Daisy Girl’s Guide to Girl Scouting* – Rosie’s Story packet
- A poster of the Girl Scout Promise and Law (optional)
- Snacks (optional)
- Trash Bags
- Non-latex gloves
- Plain bagels, halved (one half per girl)
- String or yarn, pre-cut
- Whipped cream cheese or creamy peanut butter
- Birdseed
- Paper plates (one per girl)
- Aluminum foil
- Plastic knife (one per girl)
- Permanent marker

Activities:

1. **Opening (5-10 minutes)**
   - Welcome everyone to the meeting.
   - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

2. **Snack Chat & Story-Time (15-20 minutes)**
   - Optional - give the girl’s a snack.
   - Read Rosie’s Story – A Better Beach for Everyone from *The Daisy Girl’s Guide to Girl Scouting*.
   - After reading, ask the girls the questions from page 10 of Rosie’s petal packet.
     You might also consider asking these questions:
     - How have you seen others make the world a better place?
     - What are things you can do to make the world a better place?
     - How will it make you feel to make the world a better place?

3. **Start Where You Are (25 minutes)**
   - Ask the girls for ideas of ways they can make the world better around their troop
meeting space. It would be great if one girl says something about picking up trash or keeping things clean. If they don’t, you might want to ask some leading questions like: How might we take care of the area outside? Does our space/building always look nice?

- Give girls gloves to protect their hands and trash bags for garbage.
- Take a walk around your meeting site or a nearby park and have the girls pick up any trash they see. (Note: remind them to not touch sharp or heavy objects.)
- Variation: If you cannot go outside, walk around the inside of the building and have the girls put things back in their place or pick up trash left around. (As the leader, you could go around and make things messy so the girls get the full effect of helping to clean up.)
- Once back inside, ask the girls about the cleanup.
  - Have you ever done a cleanup like that before?
  - How did it feel to clean up?
  - When you are at school and see trash around the halls or outside, what should you do?

4. Feed the Birds (15 minutes)
- Say “Another way to make the world better is to care for animals. We are now going to create bird feeders so you can care for the birds at home.”
- Give each girl half a bagel, a paper plate, a plastic knife and string. Have each girl put the string through the bagel and tie it on. Be sure it is knotted a few times.
- Have the girls spread the cream cheese or peanut butter on the bagel. Sprinkle it with birdseed and then wrap it up in aluminum foil.
- Write each girls name on the foil with the permanent marker.
- Have the girls take their bagels home to hang on a tree, or you can ask if they can be tied to trees at the facility where you meet. Watch and see if the birds come and eat!

5. Closing
- Have the stand in a friendship circle.
- Go around the circle and have everyone share one thing that she is going to do at home or at school to show others that she can make the world a better place. Ideas include:
  - Pick up trash whenever she sees it.
  - Don’t litter.
  - Talk to someone new at school.
  - Thank the people around you who you see making the world a better place.
  - Ask others not to litter and tell them why it is important.
  - Plant flowers in the community.
- Once everyone has taken a turn, complete the Friendship Circle.

More to Explore
- Field Trip Ideas:
  - Visit a recycling center to see where all the recycled items go.
Visit a local animal shelter or a food pantry to learn about how your troop can help them make the world a better place.

- **Speaker Ideas:**
  - Invite a wildlife rescue officer from the Missouri Conservation Department, Kansas Department of Wildlife, Parks and Tourism or the Department of Natural Resources to speak about animals and what to do if girls see a hurt animal.
  - Invite an educator from the local watershed to speak about the water in your community and how to help keep it clean.

**Family Follow-Up Email**

Use the email below as a template to let families know what girls did at the meeting today. Don’t forget to fill in the missing information or add additional information.

Hello Girl Scout Families:

We had a wonderful time today learning about making the world a better place and have earned the Rose petal.

We had fun:
- Walking around our meeting site to clean up and make sure the landscaping looks its best.
- Making a homemade bird feeder.
- Making a promise to do something to show others we can make the world a better place.

Continue the fun at home:
- Ask your Girl Scout what she promised to do to make the world a better place. Help her to keep her promise.
- Help your Girl Scout hang the bird feeder in a tree and watch to see if the birds come and eat. After a week, help her take down the feeder and dispose of what is left.

Our next meeting will be

We will be doing

You can help us by

Girls will need to bring

Other important dates and upcoming activities

Thank you for bringing your Daisy to Girl Scouts!