It’s Your Story - Tell It!
Ambassadors - Bliss - Live It!

Basic Description
- A two-part Journey
- Part 1 - Girls are encouraged to look at their dreams – where do they see their lives going, what do they enjoy doing, how are they getting there
  - Discusses how your values and standards influence your dreams
  - Women who have accomplished their dreams are profiled
  - Has information on self-esteem and healthy living including recipes
- Part 2 – Leads girls through the steps of earning the Dream Maker Award
  - Includes ideas and stories

What do they earn and how do they earn them?
- The Dream Maker Award – the girls understand the bliss they can achieve by helping other with their dreams
  - There are four steps to completion
    - Meet Successful Dreamers – interview others about their dreams
    - Seek and Select a Dreamer (or Dreamers) – find someone you can help accomplish their dream
    - Define the dream – writing a plan to accomplish the dreamer’s dream
    - Give It! Gift It! – giving over your plan to your dreamer

Possible Field Trips or Community Partners
- Places related to passions – art museums, theaters
- Colleges – how to achieve career related dreams
- Professionals in various fields

Additional Programming Ideas for Troop Meetings
- Find quiet places to dream – yoga, watching the clouds, meditation
- Parts of this Journey might be good in a retreat setting

Other Thoughts or Helpful Hints
- This is written into 10 sample sessions
- The green boxes throughout the Facilitator Guide have great additional programming options
- In the Journey section of the Girl Scout website, you will find additional resources to help you.
Note to leaders & mentors: You want the girls to take a major role in planning and executing this leadership experience. They may first want you to come up with ideas and plans. But hold your ground! This is the girls’ experience and they’re up to the challenge.