



# Lewis & Clark

## A patch program designed by Girl Scouts of NE Kansas & NW Missouri and other Missouri Girl Scout Councils.



**Program Age Levels:** All levels of Girl Scouts

**Purpose:** To increase your knowledge about the Lewis and Clark Expedition

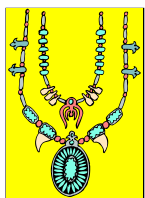
**Requirements:** To complete the patch Daisy Girl Scouts should do at least two (2), Brownie Girl Scouts four (4), Junior Girl Scouts six (6), and Teen Girl Scouts eight (8) activities. \*

### Patch Activities

1. Read or listen to a story about some of Lewis & Clark's adventures.
2. Make vermilion (a brilliant red color) face paint. You will need 1T. cornstarch, ½ t. water, 1 T. cold cream, 8 drops red food coloring, cup, spoon and paintbrush. Stir the cornstarch, water, cold cream and red food coloring together in the cup. Use the paintbrush or your fingers to paint your face with your design. This dye stays damp on your skin. Once you paint it on, don't touch your face until you're ready to wash it off. (Lewis knew red face paint would be a welcome gift among the Indians they would meet. His dye was made from grinding minerals into pigment.)
3. Find out what a keelboat is.
4. Be a part of the Expedition:  
Act out a scene from the past. Choose a character from Lewis & Clark's team.  
Do one of these activities:
  - a) Act out a scene from their travels across the United States (discovering new territories, climates and wildlife).
  - b) Dress up like your character and act like them during your Girl Scout meeting.
5. Draw a picture of what you think a campsite of Lewis & Clark looked like. Think about where they stopped to sleep, how they cooked their food, what they did in the evening and any games they played. Share your drawing with others.
6. Think about if Lewis & Clark had different ventures to the West. How would things be different? Or would they be the same? Change the story to show how history could have changed. Share your story with others. Write it down, draw a picture, or act it out.
7. Look at a map of the United States and try to find the path Lewis & Clark took as they traveled to the West. See if you can name each state. Think about how each state is different and the different experiences they had on their expedition. How many states did they visit? Talk about how they decided to take the path they did. How many states were part of the Louisiana Purchase?



8. Visit a museum, traveling special display, historic site or check-out trunk (from the council office) that contains Lewis & Clark displays and information.
9. Set up a display about Lewis & Clark for a school, library, community museum or any place that is in public view.
10. Research and make at least one item of clothing that might have been worn by a member of the Corps of Discovery.



11. Research and create an Indian craft that Lewis & Clark might have encountered or traded for on their journey.
12. Make a journal, like Lewis & Clark kept on their journey, for at least one week; keep a journal of things going on around you. Make observations of people, places and things.

13. Take a picture or draw a picture of at least 10 animals, insects and pictures in your environment. Then, like Lewis & Clark did, make a list of observations (color, shape, texture, etc.) about that object and make up a name for each one.
14. Make a container like one that would have been used on the Lewis & Clark Expedition and use it to keep all of your souvenirs, journals, research, pictures, etc. you have collected while working on the patch.
15. Research your local community history and learn what existed in your community around 1804.

16. Research the types of recipes and meals served on the Lewis & Clark Expedition. Prepare a meal using your research findings. Try cooking over a wood fire.



17. Develop a portfolio of the historical clothing worn by those on the Lewis & Clark Expedition and the members of the Corps of Discovery or the children and families of the early 1800's.
18. Compare the technologies available today to two hundred years ago. List how the technologies of today would have made Lewis & Clark's Expedition easier (travel, communications, map-making).
19. Develop a mural of the Lewis and Clark Expedition to be displayed in your community. Check the Lewis & Clark journals and early maps for information.

20. Choose a woman from the expedition that you find most interesting. Learn all you can about her. Discover the skills the women of the Lewis & Clark Expedition needed to contribute to the success of the Lewis & Clark Expedition.



**\*Please note the patch will say Mid-Continent Council.**