



Kimberly Brown

Kimberly Brown, Trenton, Missouri, is a freshman at Missouri Western State University. She participated in Girl Scouts for 13 years and was a member of Troop #8096, Service Unit 821.

For her Gold Award, Kimberly worked with fellow Gold Award Recipient, JaNea Whitney, to teach children in their community about healthy living, the joys of exercise and good body image. The girls worked with a few Girl Scout troops in the area and offered a community wide Youth Cheer Clinic. They also provided additional workshops at local elementary school during gym class. Through these activities, they were able to teach over 325 kids about healthy living and exercise.

The Gold Award project taught Kimberly communication and organization skills. She also learned how to make activities educational, fun, interactive, and age-appropriate for kids.

"I really enjoyed working with the kids and providing them information on body image and self-esteem. We hope that they continue to be active and utilize the information throughout their lives," said Kimberly.

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