



It's Your World Change It Cadette - Amaze!

Basic Description

- Focuses on relationships/friendships with the people around you
- Girls complete activities related to
 - First Impressions and Stereotypes
 - Navigating Friendships
 - Qualities of a Friend
 - Trust
 - Friendship Obstacles & Peer Pressure
 - Balancing Your Time
 - Jealousy
 - Cliques and Conflicts
 - Bullying
 - Cyber-Relationships
- Career section – girls can see a list of jobs that involve good interpersonal skills
- Basic steps of event planning for Take Action Project

What do they earn and how do they earn them?

- Interact Award: Reach Out a Little
 - Small actions that can be completed in your daily life to improve relationships
 - 9 challenges to interact – girls must complete 3 of them
 - Challenges listed on page 12 of the girl book
- Diplomat Award: Use Your Relationship Savvy to Improve Your World
 - Create and do a Take Action project aimed at building more positive and peaceful relationships in the world around you
 - Tools and Tips on pages 115-130 of the girl book
- Peacemaker Award: Commit to Keep it Going
 - Create a "Peacemaker Kit" and then commit to use your kit of skills to create peace in the world

Possible Field Trips and Community Partners

- Yoga studio
- Places where girls can do their take action project

Additional Programming Ideas for Troop Meetings

- Visit a maze (corn, labyrinth, or other)
- Movie nights – watch various movies about friendships & cliques, many mentioned in girls' books
- Do some of the activities at camp or a retreat instead of troop meetings
- Have the girls interact with older girls who can provide a new perspective
- Physically make a box/kit of skills they learned – let girls decorate, write skills or examples on postcards
- Stereotype “activity” – post pictures of leader’s friends and families – have girls stereotype them and then tell them about the real person

Other Thoughts or Helpful Hints

- It is recommended that each girl have her own copy of the Journey book
- Girls this age are avid users of computers and the internet – page 110 is an internet safety pledge. It would be a good idea to review this when working on the Journey.
- This is a more personal discussion than some of the other journeys – therefore it should be emphasized that this is a supportive environment while working on the Journey.

Interest Projects & Other Program Connections

- Understanding Yourself & Others IPP
- Do You Get the Message IPP
- Conflict Resolution IPP
- A World of Understanding IPP
- From Stress to Success IPP
- Your Best Defense IPP
- Leadership IPP
- Positive Power Patch Program – local program

Please note: Other Interest Projects and Program can fit in as well. This is just a list to get you started.

Leader in Action Award

The Leader in Action (LiA) Award is an official award for Cadettes who mentor Brownies through the Brownie Quest Journey. However, it is described in the Brownie Facilitator Guide and not in the Cadette Journey materials. Information on this award may be found on GSUSA’s website -

http://www.girlscouts.org/program/gs_central/insignia/lia.pdf