



Health and Safety

How Does the Camp Handle Health Care and Special Diets?

A health center is located at every camp and staffed round-the-clock by a health supervisor certified in First Aid and CPR. Parents are always contacted at the earliest opportunity in the event of serious injury or illness during camp. Each camp has an on-going relationship with a health care facility nearby for consultation and emergency medical services if needed.

A physician from the facility serves as the on-call physician for the camp. Written treatment instructions are reviewed and approved by the on-call physician at the beginning of each summer. All medical treatment at camp is recorded in a health log.

Camper medications are stored at the health center and dispensed by the health supervisor. Parents describe medical conditions, medications, dietary needs and any issues that impact their daughter's health and well-being on the health form requested when camp registration is confirmed. A dietician approves camp menus and most special dietary needs can be met with advance notice.

Parents are always welcome to contact the camp director to talk about any health or dietary concerns before registering their daughters for camp.

What Kind of Health History/Exam Do I Need for My Daughter?

The health form sent with your daughter's confirmation of her camp registration has two sections:

- 1) The health information section needs to be current within two months of attending camp.
- 2) The health exam section needs to be current within twenty-four months of attending camp.

Parents fill out the health information section; the health exam section needs to be completed by your daughter's physician or other medical professional qualified to give physical exams.

Head Lice

The camp health staff routinely check all campers for head lice when they arrive at camp. If lice are found, we shampoo hair with an over-the-counter anti-lice product and wash her clothes and bedding. If your daughter has been treated for head lice within two weeks of coming to camp, send a note with the date of her last treatment. If treatment is unsuccessful parents will be contacted and asked to pick up camper.

As in all situations where girls are close together and sharing their space, parents should check their campers for head lice occasionally for at least one month after camp.

Ticks and Mosquitoes

The camp health supervisor and staff help campers check for ticks. A record is kept when ticks are removed from campers by camp staff so parents will be aware. Campers and staff alike are reminded to regularly use non-aerosol insect repellent containing DEET. Mosquito reduction plans are in effect at all camp properties. After camp, all parents should monitor their camper for signs of illnesses such as Lyme Disease and West Nile Virus.



Natural hazards and risks exist in any outdoor environment. Check with your healthcare provider for more information on appropriate precautions.

Accident and Sickness Insurance

Campers are provided with accident and sickness insurance while at camp. The insurance covers usual and customary charges for sickness and accident treatment during camp, but does not eliminate the need for individual insurance. The Girl Scout Council is not responsible for providing full insurance coverage.

- Medical, hospital, prescriptions, sickness and related expenses not covered by the camper's insurance are the responsibility of the parent or guardian.
- The cost of treatment at a medical facility or by a physician not covered under the participant's family insurance plan is also the responsibility of the parent or guardian
- Pre-existing health conditions such as asthma are not covered under the plan.

Checking for coverage before camp:

Call your insurance provider before camp to verify coverage. You will be responsible for any medical, hospital, prescriptions, sickness and related expenses not covered by Girl Scout insurance. Here is a list of Health Care Providers utilized by each camp:

Camp Prairie Schooner Truman Medical Center at Lakewood (clinic and ER) St. Luke's Hospital, Lee's Summit (ER) St. Mary's Hospital, Blue Springs (ER)	Winding River Camp St. Luke's Northland (ER) Landmark Medical Center (clinic) Camp Daisy Hindman St. Francis, Topeka (ER) Stormont Vail, Topeka (ER) Tallgrass Immediate Care, Topeka (clinic)
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Please Note: Complete information about benefits, exemptions and limitations is available by calling the office manager at the Girl Scout office at: (816) 358-8755, ext. 3032.

Parent Notification Procedures

Camp health supervisors are trained and qualified to administer first aid. The attending doctor for each camp directs any further medical treatment.

In the event of a medical emergency, your daughter will be given first aid and then taken to the closest medical facility for treatment by our attending doctor or an ER physician. You will be contacted **immediately** if your daughter is involved in a medical emergency.

If your daughter needs to see a doctor while at camp for a non-emergency, staff will notify you **before** she sees the doctor.

Campers' Medications

Clearly mark all of your daughter's medications with her name, name of medicine, directions for taking the medication and physician's name. Medications must be in their original container.

The health supervisor collects, stores and administers all prescription and



non-prescription medication taken by campers. Medications include over-the-counter pain relievers such as Tylenol, cold tablets, vitamins, cough drops, etc., as well as prescription medications.

The health supervisor arranges an individual schedule with each camper who is taking medication to make sure she receives the right dose at the right time. It is most convenient to your camper if her medications can be given at meal times so her activities do not need to be interrupted with a trip to the health center.

If your daughter uses an inhaler, she will carry it with her and use it when she needs to, letting the counselor know when she does. **Send 2 inhalers to camp...just in case one is lost or broken.**



Security

The camp administrative office and/or the ranger's home are located near the entrances of each of our camp properties. Staff training is conducted on emergency procedures. In addition, we contact area law enforcement officials each summer to let them know of our opening and closing camp dates.

Severe Weather

Procedures are in place, including frequent drills, and staff are trained for severe weather situations. During severe weather, the staff is directed to focus their attention on keeping girls calm and safe. Many times, calls to the camp during severe weather situations are routed to the camp's voice mail as the staff are with campers.